

Clear Liquid Diet

Please follow this diet the morning of the volume study and for the first meal after the seed implant:

No milk or milk products.

Food Groups	Foods Allowed
Fruit Juices	Apple Cranberry Cranapple
Desserts	Jello Fruit Flavored Ices Popsicles
Beverages	Water Lemon Lime Soda Ginger Ale 7-Up, Sprite Tea / Coffee
Soups	Broth Bouillon Consomme
Miscellaneous	Condiments: Salt Sweets: Sugar and hard candy