

Dear Mr. \_\_\_\_\_:

You are scheduled to have prostate brachytherapy (seed implant) as outpatient surgery in the Weinberg Operating Room on \_\_\_\_\_ at \_\_\_\_\_AM/PM. Please report to the pre-op area on the 3<sup>rd</sup> floor of the Sidney Kimmel Comprehensive Cancer Center (Harry and Jeanette Weinberg Building) 2 hours before your scheduled procedure (unit opens at 6:00 AM).

It is of utmost importance that you **stop taking anti-inflammatory medications (NSAIDS) or blood thinners** such as: Ibuprofen, Naproxyn, Advil, Aleve, Clinoril, Voltaren, Aspirin, Coumadin or similar medications **at least seven (7) days before** this procedure.

You may have a **light meal prior to 6:00 p.m. on the day before your implant. Chew and swallow one simethicone (Gas-X) tablet with your meal. Avoid eating foods which could lead to increased gas.** Begin taking the **Magnesium Citrate an hour after eating.** You may continue to drink liquids until midnight. **Do not eat or drink anything after midnight.** Use two **Fleet's enemas** as directed on the bottle on the morning of the brachytherapy, prior to your arrival. These may be purchased at any pharmacy. You may have sips of water with your morning medicines. Otherwise do not eat or drink anything the day of your procedure.

You will need to return to the Radiation Oncology Department, Weinberg, Level L2, the day after your implant to have your catheter removed. Please bring a driver with you for this procedure. A CT scan in Weinberg L2 will be done in order to determine the exact location of each seed. This is to ensure that the proper amount of radiation is received by the gland. (You will receive a separate instruction sheet with more details.)

If you have any questions, please call 410-955-6981 between 8AM and 4:30PM and ask for Maggie Dudik, R.N. or Dr. Song's resident.