

Dear Mr. _____:

Your volume study is scheduled for _____ at _____ AM/PM.

This procedure measures the size of your prostate to determine the number of seeds needed for your brachytherapy (seed implant). In addition, the volume study is done to make sure your anatomy is suitable for brachytherapy. Please report to Radiation Oncology on Level L2 of the Sidney Kimmel Comprehensive Cancer Center, Weinberg Building.

Early on the day of your appointment, use two **Fleet's enemas** as directed on the bottle. These can be purchased at any pharmacy. If you have a long travel time, it may be best to use the enemas the night before the procedure.

Do not eat any solid food after midnight prior to your procedure. You may drink clear liquids and take your usual morning medicines on the day of the procedure.

Please **bring a driver** with you for this appointment, as you will be taking a medication to relax you, making it unsafe for you to drive home. Take Ativan 0.5mg tabs 1-2 at 30 minutes prior to volume study (prescription is enclosed in this packet).

When you arrive in Radiation Oncology on Level L2 of the Weinberg Building, inform the receptionist at the desk near the elevator that you are here for a prostate volume study. A staff member will greet you and bring you to an exam room, where you will change into a gown. To visualize your urethra on ultrasound, a urinary catheter is placed into your bladder.

You will then be escorted to the volume study suite. To perform the volume study, you will lie on your back with your legs in stirrups. An ultrasonic probe is inserted into the rectum to visualize the prostate gland.

Once all pictures and measurements are completed, the urinary catheter and rectal probe are removed. The procedure takes about 20 minutes.

After the volume study, you may experience some burning and blood-tinged urine related to the urinary catheter placement but this resolves in 24 hours.

You will be asked to void (pass your urine) before you go home.

If you have any questions, please call (410) 955-6981 between 8 AM and 4:30PM and ask for Maggie Dudik, R.N. or Dr. Song's resident.